



HEALTH *with* HEART



		Respondents' Section				
Old No.	ITEMS	1	2	3	4	5
5	1. Increased need to sleep, often feeling tired					
6	2. Irritability (feeling aggressive, easily upset about little things, moody)					
7	3. Nervousness (inner tension, restlessness, feeling fidgety)					
8	4. Anxiety (feeling panicky)					
9	5. Physical exhaustion/lacking vitality (general decrease in performance, reduced activity, lacking interest in leisure activities, feeling of getting less done)					
3	6. Excessive sweating (unexpected/sudden episodes of sweating, hot flushes independent of strain)					
14	7. Decrease in beard growth					
17	8. I feel like I 'm loosing height					
19	9. I have decreased sex drive (libido)					
23	10. I am sadder and/or more grumpy than usual					
24	11. I notice a lack of energy					
25	12. Decrease in ability/frequency to perform sexually					
Sum Score (12 – 60) =						
<i>Note for Respondents' section: 1 = None, 2 = Mild, 3 = Moderate, 4 = Severe, 5 = Extremely severe.</i>		Total Score				

MASSQ 12 items subdomains:

Items:	3, 14, 17	5, 6, 7, 8, 9	19, 23, 24, 25
Subdomains:	Biological	Psychological	Sexual